

4 A

G adverbs of frequency, present simple
V a typical day
P sentence stress

What time do you get up?
 I usually get up at 7.30.

Do you like mornings?

1 LISTENING & SPEAKING

a Read the questionnaire and write your answers.





Do you like mornings?

- 1 What time do you get up?
- 2 Do you have a shower?
- 3 What do you have for breakfast?
- 4 Do you have breakfast sitting down or standing up?
- 5 What time do you go to work? (university / school)
- 6 Are you in a hurry in the morning?
- 7 Do you like mornings?



b **4.1** Anna Kenyon is 29. She works for a music company. Listen and write her answers.

c **4.2** Listen and repeat questions 1–7.

d Ask your partner the questions.

2 VOCABULARY A typical day

a **p.111 Vocabulary Bank A typical day.**

b Can you remember? Mime or draw five verb phrases for your partner to guess.

3 PRONUNCIATION sentence stress

a **4.5** Listen and repeat. Copy the rhythm.

What time do you get up?

At seven o'clock.

What time do you have breakfast?

At half past seven.

What time do you go to work?

At eight o'clock.

b Ask and answer the questions with a partner.

What time do you...?

- | | |
|----------------|-------------|
| get up | go home |
| have breakfast | have dinner |
| have lunch | go to bed |

4 GRAMMAR adverbs of frequency

a Match sentences 1–4 with a–d.

| | M | T | W | Th | F |
|---|---|---|---|----|---|
| 1 I always get up at 7.30... <input type="checkbox"/> | ✓ | ✓ | ✓ | ✓ | ✓ |
| 2 I never drink coffee... <input type="checkbox"/> | x | x | x | x | x |
| 3 I usually finish work at 5.00... <input type="checkbox"/> | ✓ | ✓ | x | ✓ | ✓ |
| 4 I sometimes watch a film on TV... <input type="checkbox"/> | x | ✓ | x | x | ✓ |

a but on Wednesdays I finish at 7.00.

b or I read and listen to music.

c because I start work at 8.30.

d because I don't like it.

b **p.94 Grammar Bank 4A.** Read the rules and do the exercises.

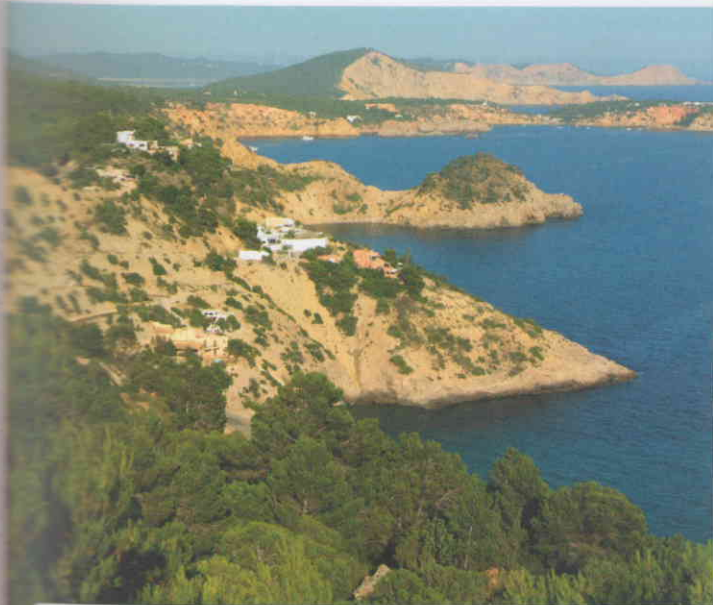
c In pairs, make true sentences about you. Use *always*, *usually*, *sometimes*, or *never*.

- listen to the radio in the car
- read a newspaper in the morning
- drink black coffee
- make dinner
- have meat for lunch
- watch films on my computer
- go to the gym
- do housework in the evening

I never listen to the radio in the car. I listen to CDs.

5 READING

- Read the article. Use the glossary to help you and answer the questions in pairs.



A day in the life of James Blunt

James Blunt is an ex-soldier who is now a singer. He lives alone in Ibiza, Spain.

I live in a beautiful old house. It's about 150 years old and it's on a hill with a lot of trees. From my window I have a fantastic view of the sea.

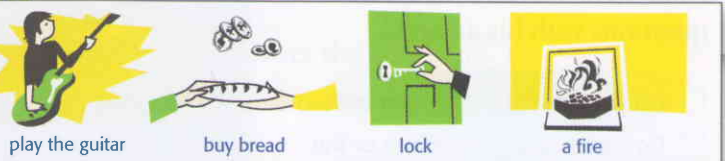
I usually get up at about 9.30, and I have a shower. I always wear jeans and a T-shirt. Clothes don't really interest me. I have two pairs of jeans, one jacket, and six T-shirts. I never have breakfast – I'm not hungry in the morning. I make a fire and clean the house. Then I play the piano, or I sit on the sofa and play the guitar.

I live near a small village. For lunch I go and buy bread and a tin of tuna, or maybe ham or cheese. I never cook. After lunch I sometimes work in the garden. I don't have a TV – I only have a music system and my music collection. I like singer-songwriters from the 1970s, like Lou Reed and Leonard Cohen.

In the evening I usually go out with friends. We have dinner at one of the old Spanish bars, and then we sometimes go to a club. Before I go to bed I lock the doors. When I'm in bed I look out of the window at the night sky and think how wonderful life is.



Glossary



6 SPEAKING & WRITING

- a **p.111 Vocabulary Bank** *A typical day*. Write about your typical morning. Use adverbs of frequency (*always, usually, etc.*) and time words (*then, after breakfast, etc.*).
- b Tell a partner about your typical afternoon and evening.

I usually have lunch at two o'clock.
I have a sandwich or a salad.

- Where does James live?
 - What time does he get up?
 - What clothes does he wear?
 - Does he have breakfast?
 - What does he do in the morning?
 - What does he have for lunch?
 - What does he do after lunch?
 - Does he watch TV?
 - What does he do in the evening?
- Look at the highlighted 'time' words and guess their meaning. Check with your teacher or a dictionary.
- Complete the sentences with a highlighted word from the text.
- I get up at 7.00. _____ I have breakfast.
 - _____ I go out in the evenings, I usually go to a bar.
 - I never drink coffee _____ dinner.
 - I always have a shower _____ I go to bed.
 - At the weekend I go to bed at _____ half past eleven.
- Do you think James Blunt's day is typical for a pop singer? Why (not)?

WORDS AND PHRASES TO LEARN

What time do you get up?
At eight o'clock.
He gets up at about 9.30.
wear jeans
clean
in the morning / afternoon / evening
before / after lunch
then
go out
a club
lock the doors
When I'm in bed...

4A present simple + adverbs of frequency: *always, usually, sometimes, never*

4.6 Listen and repeat the examples. Then read the rules.

I **always** have breakfast.
 They **usually** finish work at 5.00.
 She **sometimes** watches TV in the evening.
 He **never** eats meat.

- Be careful with the position of adverbs of frequency:
I always have breakfast. NOT *Always I have breakfast.* *I have always breakfast.*
- With *never*, use a verb: *He never eats meat.* NOT *He doesn't never eat meat.*

4B Word order in questions

4.8 Listen and repeat the questions. Then read the rules.

Questions with *be*

| Question | Verb | Subject |
|-----------|------|-----------------|
| | Are | they American? |
| | Is | this your coat? |
| How old | are | you? |
| Where | are | you from? |
| What time | is | it? |

- Word order = Subject verb **They're** American.
 Verb subject **Are they** American?

Questions with *speaking, live, etc.*

| Question | Auxiliary | Subject | Infinitive (= verb) |
|------------|-----------|-------------|---------------------|
| | Do | you | speaking English? |
| Where | do | you | live? |
| What | does | your sister | do? |
| What music | do | you | like? |
| When | does | Jane | go to the gym? |
| How | do | you | spell it? |

- Word order = **ASI** (Auxiliary Subject Infinitive)
Do you speaking English?
QuASI (Question Auxiliary Subject Infinitive)
Where do you live?

4C *can / can't* , , and

4.13 Listen and repeat the examples. Then read the rules.

can / can't: permission and possibility

You can park here.
He can come to dinner tonight.
We can have lunch outside.

You can't park here. (*can't = cannot*)
He can't come to dinner tonight.
We can't have lunch outside.

Can I park here? Yes, **you can**. No, **you can't**.
Can they come to dinner? Yes, **they can**. No, **they can't**.

- Use *can / can't* for permission or possibility.
 - *You can park here.* **P** = You have permission.
You can't park here. **X** = You don't have permission.
 - *I can come to dinner tonight.* = It's possible.
I can't come to dinner tonight. = It isn't possible.
- *can / can't* is the same for *I, you, he, she, etc.*
- = *Can I park here?* NOT *Do I can park here?*

- ⚠ You**
- 1 What do **you** do? I'm a doctor. (singular)
 - 2 Where do **you** live? We live in Boston. (plural)
 - 3 **You** can't smoke here. (= people in general)

4A

a Order the words to make sentences.

drink never coffee after dinner I.

I never drink coffee after dinner.

- 1 bed I never before to 12 go.
- 2 husband dinner my sometimes makes.
- 3 a shower have morning the always I in.
- 4 usually he breakfast has home at.
- 5 always bus go to they by work.
- 6 a sometimes sandwich we lunch for have.
- 7 closes the restaurant late usually.
- 8 goes work she never shopping after.

b Complete the sentences in the present simple. Use a verb from the list and the **bold** adverb.

do drink ~~eat~~ finish get go have speak watch

He never eats meat for lunch. **never**

- 1 Alex _____ to the gym in the evening. **sometimes**
- 2 We _____ housework at the weekend. **always**
- 3 Spanish people _____ lunch at home. **usually**
- 4 I _____ coffee in the evening. **never**
- 5 My sister _____ up early. **always**
- 6 I _____ English at work. **never**
- 7 We _____ TV after dinner. **sometimes**
- 8 My husband _____ work at 7.30 p.m. **usually**

4B

a Order the words to make questions.

live you do where? Where do you live?

- 1 centre the where city is?
- 2 is how mother your?
- 3 we late are for class?
- 4 your is this coat?
- 5 where live Kate does?
- 6 English does speak brother your?
- 7 family sushi do your like?
- 8 film start what does time the?

b Complete the sentences a question word from the list.

How (x2) What (x2) ~~What time~~ When (x2) Where Who

A What time do you go to bed?

B At about eleven o'clock.

1 A _____ do you have English classes?

B On Thursdays.

2 A _____ do you want for breakfast?

B Cereal, please.

3 A _____ old is your mother?

B She's 64.

4 A _____ music does she like?

B Classical music and opera.

5 A _____'s that man in the photo?

B It's my wife's father.

6 A _____ do you usually go on holiday?

B In the summer.

7 A _____ does your sister work?

B In a bank.

8 A _____ do you spell your surname?

B I-V-E-R-S-E-N.

4C

a Write sentences with *can* or *can't*.

You / play football here

You can't play football here.

- 1 / we watch TV after dinner
- 2 I / see the board
- 3 James / help us tomorrow
- 4 / you come to class tomorrow
- 5 You / read my newspaper
- 6 We / park here
- 7 / I sit here
- 8 She / go to the cinema tomorrow

b Complete the sentences with *can* or *can't* and a verb from the list.

have hear open read remember speak swim walk use

You can use the Internet in that café.

1 A _____ we _____ today?

B No, the water's very cold.

2 I _____ this. I don't have my glasses.

3 A What's her sister's name?

B Sorry, I _____.

4 It's a beautiful day. We _____ lunch outside.

5 A Hello, _____ I _____ to John, please?

B Sorry, he's in a meeting.

6 The restaurant's very near. We _____ there.

7 Sorry, I _____ you very well. Can you say that again?

8 _____ you _____ the window? It's very hot in here.

a 4.3 Listen and repeat the phrases.

In the morning



get up



have breakfast



have a shower



go to work
(by bus, car, etc.)



go to university



have a coffee

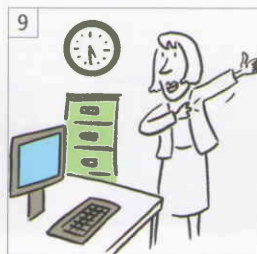


have a sandwich

In the afternoon



have lunch



finish work



go home



go shopping

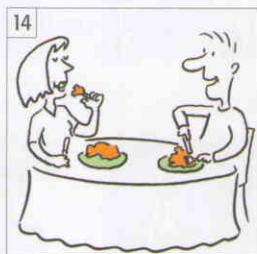


go to the gym
/dʒɪm/

In the evening



make dinner



have dinner



do housework



watch TV



go to bed

- ▲ make dinner / coffee BUT do housework
- ▲ go to the gym, to the cinema, etc.
- go to work, to school, to bed
- go home

b 4.4 Listen and point to the picture.

c In pairs, look at the pictures and describe their day.

They get up at half past seven.

They have breakfast.