

GRAMMAR

a Choose a, b, or c.

- I'm not very good at _____ sport.
a the b a c -
- He always gets _____ late on Fridays.
a to home b to the home c home
- There are _____ people in this class.
a too many b too much c too
- _____ is one of the best forms of exercise.
a Swim b Swimming c Swiming
- I bought a laptop _____ when I'm travelling.
a for use b for to use c to use

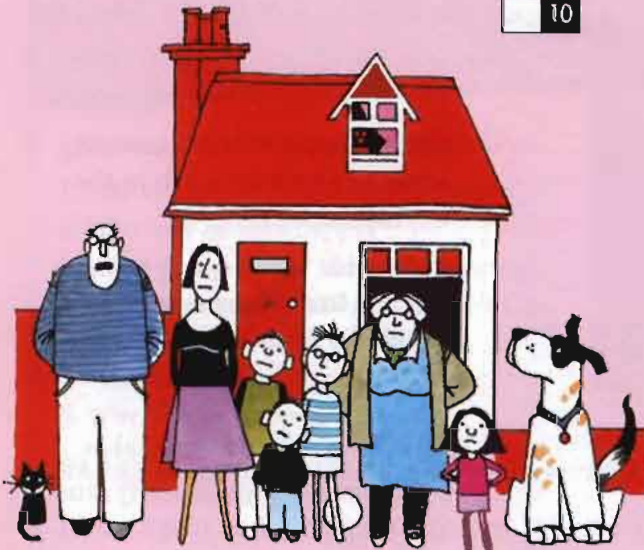
b Complete the second sentence with two words so that it means the same as the first.

I really think it's important for you to learn to drive.

You must learn to drive.

- When they left they didn't lock the door.
They left _____ the door.
- There aren't very many trees in our street.
There are only _____ trees in our street.
- It takes him a long time to get up in the morning.
He spends a long time _____ in the morning.
- Renting a flat is very difficult here.
It's very difficult _____ a flat here.
- This house is too small for us.
This house isn't _____ for us.

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VOCABULARY

a Complete with a noun from the bold word.

- I think the _____ will lose the next election. **govern**
- What was his _____? Was he angry? **react**
- My _____ depends on you. **happy**
- They said on the radio that there's a _____ of snow tonight. **possible**
- You don't need any special _____ to do this job. **qualify**

b Complete with a preposition.

- I've applied _____ a job with British Airways.
- Don't worry _____ anything!
- I really don't agree _____ you.
- Are you good _____ science?
- Are you still _____ university or have you finished?
- She works _____ a flight attendant.






c Complete the missing words.

- I have to do a lot of o_____ in my new job. Sometimes I don't finish until 9 p.m.
- Could I have a day o_____ next Friday? It's my cousin's wedding.
- He argued with his boss and he was s_____. Now he's unemployed.
- If you work hard, you may get p_____ to manager.
- She has a good job and gets a very big s_____.
- It's a temporary job. I only have a six-month c_____.
- I'm going to a_____ for a job in a bookshop. I hope I get it!
- I'm s_____ -e_____. I work at home as a translator.
- If he doesn't like his job, he'll r_____ after the first six months.

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PRONUNCIATION

a Underline the word with a different sound.

1		enough	company	much	movement
2		afraid	retire	overtime	apply
3		many	temporary	regret	prefer
4		work	short	permanent	earn
5		resign	boss	salary	works

b Underline the stressed syllable.

employee unemployed responsible temporary experience

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CAN YOU UNDERSTAND THIS TEXT?

The secret to a long and happy life is... being lazy!



Joggers who get up early and run through the park, executives who try to work off stress with a game of squash, and people who do bodybuilding may all be shortening their lives. According to Peter Axt, a German researcher and ex-marathon runner, laziness is good for you.

'No top sportsman,' says Axt, 'has lived to a very advanced age.' Among the examples of athletes who have died young, he mentions Jim Fixx, the author of *The Complete Book of Running*, and the man who almost single-handedly launched the American fitness revolution. He died at the age of 52. As Axt says, 'Better not to start'.

With his daughter Michaela, a doctor, he has written a book called *The Joy of Laziness*. It says that there are three keys to long life: to play less sport, to reduce stress, and to eat less food. He gives the example of an Italian village with an unusually high number of centenarians which seems to owe its communal good health to following the Axt principles. No one runs, siestas stretch though the afternoon from 1 p.m. to 4 p.m., and the main activity seems to be sitting in the shade or gossiping.

The Axts' ideas are based on research which argues that animals have only a limited amount of energy. Those who use up energy quickly live for a shorter time than those who conserve energy. So an executive who wants to compensate for a stressful day by going to the gym is in fact multiplying his problems.

However, Peter Axt believes that light exercise is beneficial. 'I jog gently for 20 minutes three or four times a week,' he said, 'but I have no time for men over 50 who insist on running several kilometres a day.'

a Read the article and mark the sentences T (true), F (false), or DS (doesn't say).

- 1 Peter Axt regularly runs marathons.
- 2 He says that people who do too much sport will probably die younger.
- 3 Jim Fixx got Americans to do more sport.
- 4 *The Joy of Laziness* is a bestseller.
- 5 The book says that the only important thing to help you live longer is to do less sport.
- 6 In the Italian village people are very healthy but not very active.
- 7 The book's ideas are based on five years' research.
- 8 He thinks that if you've had a very tiring day at work then you shouldn't do physical exercise.
- 9 Axt doesn't have time to run several kilometres a day.

b Look at the highlighted words and phrases. Can you guess what they mean?

CAN YOU UNDERSTAND THESE PEOPLE?

a **5.22** Listen and circle the correct answer, a, b, or c.

- 1 How many bookshops are there in the town?
a None b One c Two
- 2 Where are the women going to have lunch?
a Roberto's b Trattoria Marco
c Garibaldi's
- 3 Who's going to choose the film?
a The man. b The woman.
c The man and the woman.
- 4 The man has...
a qualifications but no experience.
b experience but no qualifications.
c experience and qualifications.
- 5 The girl thinks she wants to...
a do research. b be a doctor.
c be a biologist.

b **5.23** You will hear a man and a woman talking about buying a car. Mark the sentences T (True) or F (False).

- 1 The woman says she prefers the Volvo.
- 2 The man thinks the Golf is too small.
- 3 The woman damaged their car when she was trying to park.
- 4 The Volvo is cheaper than the Golf.
- 5 In the end, the man and the woman can't decide what to buy.

CAN YOU SAY THIS IN ENGLISH?

Can you...? Yes (✓)

- talk about your town and its facilities
- talk about your work-life balance
- say what men and women usually talk about
- talk about a member of your family's job, and about the job you have or would like to have