

- Description** Students practise *used to*, *be used to*, *get used to*, and *would*
Lesson link Use this activity after 4c, page 74
Time 20 minutes
Extra material Print out and photocopy the *Nodding off* worksheet for each student or pair of SS

Instructions

- a Give each student or pair of students a copy of the *Nodding off* worksheet. Explain that SS have to decide if both of the alternative verb forms are correct, or only one.
- b SS do the exercise individually or in pairs.
- c Go through the answers.
- d Ask SS to compare the text with their own experiences of sleep at different stages of their lives.

Answers

- 1 was
- 2 used to open / would open
- 3 used to run
- 4 used to hide / would hide
- 5 used to get up / would get up
- 6 never used to feel / never felt
- 7 always rang
- 8 was used to
- 9 would come / used to come
- 10 poured
- 11 passed
- 12 'm getting used to



Nodding off

When I (1) **would be** / **was** a child I (2) **used to open** / **would open** my eyes in the morning and 'BAM!', I was wide awake! I (3) **used to run** / **used to running** into my parents' room and jump up and down on the bed wondering why they didn't look quite so enthusiastic about the new morning. Dad (4) **used to hide** / **would hide** his head under the duvet. My mum (5) **used to get up** / **would get up** first, looking a bit disorientated and unsteady on her feet. She (6) **never used to feel** / **never felt** completely awake until after she'd had a cup of coffee.

Then I hit my teens and I could hardly wake up at all! My alarm clock (7) **always rang** / **always would ring** at 7.30 every morning, but I (8) **was used to** / **used to** the noise and I didn't even respond. Dad (9) **would come** / **used to come** into my room and pull the covers off my bed, and once my mum (10) **used to pour** / **poured** a cup of water over my head!

I guess it was worth it. I did actually manage to make it into school on time most days! I (11) **passed** / **used to pass** my school leaving exams and got into medical school. Now I'm a junior doctor working in a hospital. I work shifts and I often work for twelve hours or more in a row. It was really tough at first, but I (12) **used to** / **'m getting used to** it, although I still do occasionally find myself nodding off over dinner. If this happens, I use my mum's old trick – a good strong coffee!



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